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Everything shared on this website is for general educational and wellbeing purposes. The goal is to support learning and awareness around nutrition, health, and wellbeing. The information provided is not intended to replace advice from a qualified medical or healthcare professional.

2. Not Medical Advice

The articles, guides, and downloadable resources offered through Path2Wellness™ are not medical advice. They are designed to inform and inspire, not to diagnose, treat, or replace professional care. Always seek guidance from a qualified practitioner before making significant changes to your health, diet, or lifestyle.

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9. Contact

If you have any questions about these Terms & Conditions, please contact Path2Wellness™ at info@path2wellness.co.uk.

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